

32. Winterlaufserie TSV Ippinghausen Endergebnis 15 km

Ergebnisliste AK

AKPI	Name	Jahrg.	m/w	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Gesamt
3 x 15km									
w									
Frauen									
1.	Annika Hartmann	1996	w	TSV Niederelsungen		01:16:12	01:03:52	01:11:55	03:31:59
Seniorinnen W30									
1.	Mareike Reimann	1995	w	MT Melsungen		01:16:12	01:15:32	01:15:21	03:47:06
Seniorinnen W35									
1.	Svenja Flake	1989	w	TSV Korbach	01:23:14	01:24:18		01:21:58	04:09:32
2.	Sarah Thalmayr	1988	w	Calden	01:33:42		01:29:46	01:32:50	04:36:18
3.	Rebecca Thalmayr	1988	w	Kassel	01:36:34		01:34:28	01:37:25	04:48:28
Seniorinnen W40									
1.	Miriam Krüger	1985	w	LG Vellmar	01:09:06	01:06:54	01:07:29	(01:09:31)	03:23:30
2.	Verena Henze	1983	w	Warburger SV	01:07:44	01:07:16	01:08:55	()	03:23:56
3.	Carina Salzmann	1982	w	TSV Niederelsungen	01:10:45	01:10:03	01:11:11	()	03:32:00
4.	Cornelia Berthold-Voigt	1981	w	Triathlon Waldeck	01:16:40	01:15:36	01:16:31	()	03:48:47
5.	Marina Pleger	1985	w	SV 1921 Buchenberg	01:23:35	01:21:59		01:19:51	04:05:25
6.	Alexandra Benthe	1981	w	TSV Niederelsungen	01:23:43	01:22:46	01:24:27	(01:27:43)	04:10:56
7.	Ines Kölker	1982	w	Warburger SV	01:24:10	01:26:45	01:23:38	()	04:14:34
Seniorinnen W45									
1.	Daniela Ludwig-Crede	1977	w	SV Blau Weiß Dodenhausen	(01:13:54)	01:13:19	01:12:26	01:13:20	03:39:06
2.	Andrea Meyer	1978	w	KSV Baunatal	01:18:24	01:14:48	01:15:42	()	03:48:55
3.	Christine Hansmann	1976	w	Warburger SV	01:28:20	01:27:36	01:31:15	()	04:27:11
Seniorinnen W50									
1.	Nicole Ramus	1971	w	TSV Niederelsungen	(01:15:30)	01:15:07	01:14:25	01:14:47	03:44:20
2.	Cornelia Pahl-Girsch	1971	w	LT Hofgeismar	01:18:36	(01:20:25)	01:18:23	01:19:31	03:56:32

32. Winterlaufserie TSV Ippinghausen Endergebnis 15 km

Ergebnisliste AK

AKPI	Name	Jahrg.	m/w	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Gesamt
3.	Alicia Torres Minoves	1974	w	TSV Niederelsungen	01:19:01	01:18:31	01:20:06	()	03:57:40
4.	Melanie Knauf	1973	w	TSV Niederelsungen	(01:24:45)	01:22:26	01:21:27	01:22:13	04:06:06

Seniorinnen W55

1.	Martina Zeisberg	1968	w	Warburger SV		01:23:02	01:23:10	01:22:19	04:08:31
2.	Mechthild Koch	1970	w	Warburger SV	(01:43:43)	01:42:34	01:42:50	01:43:26	05:08:51

Seniorinnen W65

1.	Ingrid Ostermann	1956	w	LG Vellmar	01:42:21	01:45:28	01:42:37	()	05:10:28
----	------------------	------	---	------------	----------	----------	----------	----	-----------------

weibliche Jugend U 20

1.	Marja-Leena Palisaar	2007	w	TSV Niederelsungen	01:01:20	01:01:13	01:02:19	()	03:04:53
2.	Emma Schunck	2007	w	TSV Niederelsungen	01:13:30	01:09:02		01:12:47	03:35:20

m

Männer

1.	Nils Wolkonski	1997	m	TSV Niederelsungen	00:53:08	00:50:29	00:53:06	()	02:36:43
2.	Max Leinweber	1996	m	TSV Niederelsungen	(00:54:55)	00:54:39	00:53:17	00:52:44	02:40:41
3.	Tobias Napiwotzki	1996	m	TSV Gellershausen	(01:20:28)	01:08:50	01:07:07	01:05:51	03:21:49
4.	Florian Schneider	1996	m	Ohne	01:34:22	01:12:55	01:11:00	()	03:58:18
5.	Enrico Volkmann	1998	m	volkmann design code	01:27:44	01:29:08		01:29:24	04:26:18

Senioren M30

1.	Daniel Zielonka	1993	m	MT Melsungen Radsport	(00:58:39)	00:57:40	00:57:35	00:56:53	02:52:08
2.	Lars Henrik Stern	1993	m	Ohne	(01:10:41)	01:09:44	01:09:51	01:08:27	03:28:04
3.	Stefan Orben	1992	m	MT Melsungen	(01:21:09)	01:16:32	01:14:38	01:14:07	03:45:17

Senioren M35

1.	Tobias Plettenberg	1987	m	TSV Niederelsungen		01:00:52	00:59:15	00:58:38	02:58:47
2.	Jonas Degenhardt	1986	m	Tuspo Borken	01:01:25	01:00:27		01:00:01	03:01:55
3.	Marcel Mies	1987	m	TSV Niederelsungen	01:04:02	01:03:09		00:59:10	03:06:22

32. Winterlaufserie TSV Ippinghausen Endergebnis 15 km

Ergebnisliste AK

AKPI	Name	Jahrg.	m/w	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Gesamt
4.	Moritz Arndt	1986	m	#LaufBrudis	01:12:54	(01:20:08)	01:13:02	01:12:03	03:37:59
5.	Sven Leitzbach	1990	m	Fingerhaus	01:33:35		01:28:16	01:28:00	04:29:52

Senioren M40

1.	Andreas Poppe	1982	m	LG Reinhardswald	00:55:43	(00:55:50)	00:54:14	00:54:10	02:44:07
2.	Christoph Ise	1984	m	TSV Niederelsungen	(01:04:57)	01:03:30	01:01:31	00:58:47	03:03:49
3.	Mirco Otto	1981	m	SC Neukirchen	01:04:19	01:03:52	01:03:52	()	03:12:03
4.	Matthias Ridder	1985	m	Warburger SV	01:04:48	01:03:36	01:04:59	()	03:13:23
5.	Michael Koeniger	1981	m	Homburg Ren(n)tiere		01:04:26	01:04:43	01:04:26	03:13:36
6.	Dirk Aljets	1981	m	-	(01:10:25)	01:09:53	01:09:56	01:08:22	03:28:13
7.	Nico Knoche	1983	m	MT Melsungen		01:16:32	01:14:37	01:14:07	03:45:17
8.	Philipp Henkelmann	1983	m	TSV Niederelsungen	01:18:06	01:13:49	01:13:24	()	03:45:20

Senioren M45

1.	Felix Kaiser	1976	m	TSV Niederelsungen	00:55:35		00:56:55	00:55:51	02:48:22
2.	Timo Bach	1977	m	TSV Niederelsungen		00:56:51	00:56:18	00:56:13	02:49:23
3.	Marco Fischer	1980	m	LG Reinhardswald	01:03:53	01:07:45	01:03:44	()	03:15:24
4.	Nils Niemeyer	1979	m	SV Blau-Weiß Dodenhausen		01:08:39	01:05:19	01:04:03	03:18:01
5.	Martin Wirwahn	1977	m	SV Blau-Weiß Dodenhausen	01:08:40	01:08:58		01:09:06	03:26:46
6.	Michael Kristen	1976	m	Kassel	01:12:01	01:09:48	(01:13:37)	01:09:19	03:31:09
7.	Markus Heppe	1976	m	Trailbuddies Hessen	01:21:44	01:20:45	01:15:36	()	03:58:06
8.	Christian Bachmann	1980	m	Nordhessische Bergziegen	01:19:42	01:21:29	01:21:13	(01:25:06)	04:02:25

Senioren M50

1.	Ulli Lattek	1973	m	TSV Niederelsungen	01:05:46	01:03:35		01:05:27	03:14:49
2.	Heiner Jatho	1974	m	KSV Baunatal	01:06:26	(01:07:35)	01:05:15	01:04:42	03:16:24
3.	Christian Meyer	1975	m	KSV Baunatal	01:06:54	(01:08:23)	01:07:13	01:06:00	03:20:08
4.	Andreas Höhle	1973	m	SV Blau-Weiß Dodenhausen		01:07:13	01:08:13	01:07:07	03:22:35
5.	Frank Hansmann	1972	m	Warburger SV	01:11:55	01:08:27	(01:12:04)	01:10:53	03:31:16
6.	Lars Werner	1972	m	KSV Baunatal	01:13:25		01:11:20	01:09:03	03:33:49

32. Winterlaufserie TSV Ippinghausen Endergebnis 15 km

Ergebnisliste AK

AKPI	Name	Jahrg.	m/w	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Gesamt
7.	Stefan Grunewald	1975	m	SG Chattengau	01:15:48	01:13:29	01:14:29	()	03:43:47
8.	Karsten Ledderhose	1972	m	TSV Deute	01:17:44	01:22:41	01:22:50	()	04:03:16
9.	Mario Brussmann	1972	m	SV Buchenberg	01:27:26	01:29:18	01:29:35	()	04:26:20

Senioren M55

1.	Roland Schröder	1969	m	Ksv Baunatal	01:06:52	01:05:04	01:05:22	(01:14:06)	03:17:19
2.	Jörg Deichmann	1966	m	TSV Niederelsungen	(01:09:18)	01:08:12	01:08:02	01:08:18	03:24:33
3.	Matthias Eiben	1968	m	Bad Arolsen	01:15:12	01:12:50		01:12:37	03:40:39
4.	Olaf Thiel	1969	m	SG 1898 Chattengau	01:12:50	01:16:23	01:17:36	()	03:46:50
5.	Carsten Rausch	1969	m	PSV Grün-Weiß Kassel	01:22:16	01:19:07	01:20:09	()	04:01:32
6.	Alexander Hutse	1969	m	TV08 Bergheim	01:40:51	01:40:03	01:38:31	()	04:59:25

Senioren M60

1.	Jürgen Müller	1963	m	Laufteam Kassel e.V.		01:07:28	01:08:34	01:08:49	03:24:52
2.	Gerhard Kupjetz	1963	m	TSV Goddelsheim	(01:14:56)	01:13:58	01:12:48	01:12:39	03:39:26
3.	Mario Lopez Wismer	1964	m	KSV Baunatal	01:24:50	01:13:32	01:16:03	(01:25:18)	03:54:26
4.	Rainer Bettermann	1964	m	TSV 1850/09 Korbach	01:19:25	01:19:24	01:18:31	()	03:57:21
5.	Gerd Blecken	1964	m	KSV Baunatal	01:22:06	01:22:28		01:25:17	04:09:53
6.	Peter Grunwald	1964	m	TG Wehlheiden	01:37:30		01:45:18	01:49:53	05:12:42

Senioren M70

1.	Rüdiger Ullrich	1951	m	LG Kreis Verden	01:24:48	01:23:15		01:25:38	04:13:42
2.	Friedhelm Beckmann	1954	m	LSG Kassel	01:27:14		01:31:29	01:29:56	04:28:40
3.	Johannes Disselhorst	1954	m	LSG Kassel	01:32:07	01:36:02	01:32:04	()	04:40:14
4.	Gurbhajan Singh	1953	m	LT Hofgeismar	01:36:33	01:36:15	01:39:20	()	04:52:10
5.	Werner John	1955	m	TSV Holzhausen/Eder		01:37:08	01:39:12	01:37:32	04:53:53
6.	Rainer Schütz	1954	m	LT Hofgeismar	01:37:56	01:37:59	01:46:47	()	05:02:43

männliche Jugend U18

1.	Luca Kaiser	2010	m	TSV Niederelsungen	01:13:01	01:08:21		01:06:14	03:27:38
2.	Martin Bänsch Torres	2010	m	TSV Niederelsungen	01:13:01	01:08:21		01:06:14	03:27:38

32. Winterlaufserie TSV Ippinghausen Endergebnis 15 km

Ergebnisliste AK

AKPI	Name	Jahrg.	m/w	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Gesamt
3.	Paul Funke	2010	m	TSV Niederelsungen	01:13:01	01:08:22		01:06:14	03:27:38

Anzahl Teilnehmer: 83